



# RIDGECREST

HEALTHCARE

## SUNSET BOULEVARD

# May 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> <i>May Day</i> 10:00 Baskets and Ribbons 11:00 May Art & Decorations 3:00 Spring Sports	<b>2</b> 9:00*Shadow Mountain Kids 3:15 Current Events 6:30 National Truffles Day	<b>3</b> 10:00 Garden Meditation Day 11:00 Resident Council 3:00 Let's Get Moving!	<b>4</b> 9:30 Music w/ Shana 10:00 Sing A longs 3:00 Patio Social	<b>5</b> <i>Cinco De Mayo</i> 9:00 10:15 Faces & Places 2:30
	<b>6</b> 10:00 Spiritual Reflections 2:00 *Forgiven Concert 3:15 Air-ball!	<b>7</b> 9:00*Shadow Mountain Kids 10:45 *Catholic Rosary 3:00 Bulletin Board Trivia Time	<b>8</b> 10:00 Board Games 11:00 Therapeutic Aromas 3:00 Exercise Class	<b>9</b> 10:00*Catholic Communion 10:45 Crosier Brothers 6:30 May Guggenheim	<b>10</b> 10:00 Book Club 11:00 Ladies' Group 3:00 Tibetan Bowls	<b>11</b> 9:30 Music w/ Shana 10:00 Music & Games! 2:30 Meditation
<b>13</b> <i>Mother's Day</i> 10:00 Spiritual Reflections 11:00 Horseshoes 3:00 Tribute to Mothers	<b>14</b> 9:45 Puzzles 10:45 *Catholic Rosary 3:00 Fitness Fun!	<b>15</b> 10:00*Phoenix Art Museum Exhibits 11:00 Sing Along 3:00 Drawing	<b>16</b> 9:00*Shadow Mountain Kids 10:00 Pet Visits 2:00 Painting w/ Ann	<b>17</b> 10:00 Choose Your Sport 11:00 Nails/Lotion Therapy 3:00 Cards	<b>18</b> 9:30 Music w/ Shana 10:30 Patio Music Hangout 3:30 What's In The Bag?	<b>19</b> 9:30 Reach & Grab! 10:30 Send A Smile 2:30 Reminiscing Hour 3:30 Video Hour
<b>20</b> 10:00 Spiritual Reflections 11:15 Flower Day 2:30*Baptist Church	<b>21</b> 9:00*Shadow Mountain Kids 10:45 *Catholic Rosary 11:00 Harp Music with Danielle	<b>22</b> 10:00 Balloon Blast! 11:15 Sharing Recipes 3:00 National Vanilla Pudding Day	<b>23</b> 10:00*Catholic Communion 10:45 Crosier Brothers 6:30 World Turtle Day Art & Games	<b>24</b> 10:00 Soccer 11:00 Brother's Day 3:00 Bingo	<b>25</b> 9:30 Room Rounds 10:00 Dominos 2:00 Faces & Places Trivia!	<b>26</b> 10:00 2:00 Aromatherapy 3:00 Patio Social
<b>27</b> 10:00 Spiritual Reflections 11:15 Drum Sounds 3:00 Grape Popsicle Day	<b>28</b> <i>Memorial Day</i> 9:15 Crossword Puzzle 10:45 *Catholic Rosary 3:00 Memorial Day Tribute	<b>29</b> 10:00*Gary Jewel Entertainment 11:00 Men's Sports Group 3:00 Creative Writing	<b>30</b> 10:00 Bowling 11:00 Oldies But Goodies 6:30 Art Deco	<b>31</b> 10:00 May Hangman 11:00 Washer Game 3:00 National Macaroon Day		*Off-unit Activities ***** Various one to one activities throughout resident waking hours as available